

SMPC

SOUTHERN MICHIGAN
PAIN CONSULTANTS

Contact & Referral Methods

Fax: (800) 940-9601

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Toll free: (877) 377-6227



Michael Kolinski is now seeing patients! OMT can be used to treat a multitude of illness and ailments, such as; headaches, neck pain, low back pain, carpal tunnel syndrome, and many other types of injuries.

After Dr. Kolinski meets the patient and listens to their pain problems, he will do a physical examination and assessment of the patient's posture, spinal motion and balance. He will then move on to palpate the bones, muscles and joints of the back and extremities of the body. Dr. Kolinski will check major joints for restriction and/or dysfunction during motion. Pain is often caused by these restrictions.

After the assessment, Dr. Kolinski will determine what OMT techniques might treat and correct structural abnormalities that he has diagnosed. The goal of OMT is to normalize and optimize musculoskeletal function which allows the proper functioning of the nervous system and reduces pain. Dr. Kolinski is available at **all three SMPC** locations!

Doctor of Osteopathy - MSU
Residency MSU Neuromusculoskeletal Medicine/OMM
Interventional Pain Management course presented by the
American Osteopathic College of Physical Medicine &
Rehabilitation
4 years - U.S. Navy

Dr. Kolinski's combination of education, skills and experience allow him to offer exceptional pain care using OMT to treat dysfunctions of the neuromusculoskeletal system. SMPC's goal is take a multidisciplinary approach to pain problems, and our recommendations are always based on a thorough assessment of the patient's current health and goals for improvement.